



## *Irish Pony Club*

### Training Protocol for Irish Pony Club Activities

1. A Covid-19 Compliance Officer or Health and Safety officer must be appointed and provided with the required PPE.
  - This officer will have total control over the activity and have the power to STOP or cancel any activity or person NOT complying.
  - ALL attending the activity must sign in and be recorded as on site at entry.
  - 2m. social distance must be observed throughout the activity.
2. Before travel, members must observe good hygiene practices, use the bathroom and wash hands.
  - Member should bring hand sanitizer, if possible.
3. Parking - On arrival, follow the instructions and park in allocated space, observing a 5-metre social distance.
4. Gatherings are strictly prohibited.
5. Members must book and pay for the activities on line.
  - A disclaimer must be signed in advance and returned with full payment.
  - All activities must be paid for in advance.
6. Parents / helper accompanying members can assist with unloading, tacking up and loading, may observe at a social distance and must not move about.
  - Only those necessary to assist should accompany the member.
  - Ideally only one person should accompany the member.
  - Additional family members or friends should not attend.
  - No siblings not taking part should be present.
7. All members must adhere to the advice and guidelines from the Department of Health and Health Service Executive.
  - Sanitise hands on arrival and before leaving.
  - Follow respiratory etiquette guidelines. (Cough or sneeze into your elbow or a tissue. Dispose all tissues into a bin.)
  - Practice social distancing throughout the day, where possible.
8. Hand sanitiser and disposable gloves will be provided.
9. Queries will be answered as quickly as possible via e-mail.
  - Allow for additional response time with correspondence due to remote working procedures.
10. Members must provide their own refreshments and lunch and have it in their own vehicles.
11. Toilets at start will be for limited use and must be sanitized after use.
  - Parents should accompany young children.
12. If a member feels unwell, has been in contact with anyone not feeling well or experiences symptoms of Covid-19 in the lead up to the activity, may not attend the activity until .....
13. Punctuality is paramount arrive and exit in an orderly manner, obeying directions at all times.
14. Leave as soon as finished and NO hanging around.
15. Results or certificates will be distributed in writing via e-mail and post respectively.



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## Fall Protocol

1. Person first to scene.
  - Assess findings from social distance and record findings.
  - Summon help and or parent to scene.
  - First aider should assess the situation and where possible work from a social distance.
  - The First Aider must have access to the appropriate PPE i.e. gloves, mask, coat, plastic apron etc.
  - If the faller requires further medical attention at Accident and Emergency, an ambulance should be called or the parent should transport the member, depending on the situation which should be assessed by the First Aider and Health and Safety Officer.
  - The Health and Safety officer should attend the site of the fall and record all of the details of the accident or incident for the Accident Report Form and Incident Log.

## Riding Protocol

1. Observe social distance.
2. NO sharing.

## Stable Management Protocol

1. Theory sessions only, practical by video where possible.
2. No handouts.
3. No sharing.

**At all times, follow the directions of the Compliance Officer.**

**It is in everyone's best interest to keep to the protocol for health and safety.**